



YCSUD NUTRITION SERVICES NEWSLETTER

September 2026



SPOTLIGHT on Staff

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TRACY NEWMAN

Lead Cook,
Andros Karperos School



Tracy is truly a valued member of our school nutrition team. She brings dedication, kindness, and compassion to everything she does. Her commitment to serving our students and supporting her coworkers makes a meaningful difference every day.

Tracy leads by example through her hard work, dependability, and willingness to help others. She creates a welcoming and positive environment where students feel cared for and coworkers feel supported.

Nutrition Services is grateful for Tracy's compassion, dedication, and the kindness she shares so generously. She is an important part of our school community, and we are proud to celebrate her.

Thank you, Tracy, for all that you do and for the difference you make every day!



Need help?

Give EAP a try today.

Call us at 800-999-7222. Or go to

anthemEAP.com

and enter your company code: TCSIG

You can also scan the QR Codes for more information.



EAP Services



Welcome to EAP

September is National Food Safety Month

Food Safety Tips

TCS foods can be kept safe by minimizing the time they spend in the temperature danger zone (41-135 degrees F). When food is in the temperature danger zone, pathogens grow and multiply at a fast rate and can make food unsafe to eat.

- Hot foods should be held at 135 degrees F or higher
- Cold foods should be held at 41 degrees F or lower
- Cook foods to proper temperatures, utilizing a calibrated thermometer



9-3 AGNES ADKINS
9-3 KAYLA VARGAS
9-3 STEPHANIE BENTON
9-4 ANN WAID
9-8 JENNIFER STEVENS
9-9 HEAVEN MARTIN
9-10 HIROMI SNIDER
9-14 OFELIA ORNELAS
9-14 SEON JACK
9-15 DELORA MATHIAS
9-17 ANA MORENO
9-22 MELISSA PENNING
9-28 LISA HARRIS

ALL STAFF MANDATORY KEENAN TRAINING

All staff must complete their Keenan Training online. When you sign into your Keenan Account, your assignments will be listed, along with due dates. Please work with your kitchen manager to complete the mandatory training before their respective due dates.

If you need assistance with your login information, please reach out to Ann Waid in the Nutrition Services Office at (530) 790-2628.